



Handedness Inventory

Name: _____

Age: _____

Sex: _____

Question: Which hand do you usually use, right hand, left hand, or either hand? Please indicate.

	Right	Left	Either
Writing letters			
Using chopsticks			
Drawing a picture			
Throwing a ball			
Using scissors			
Using a toothbrush			
Using a spoon			
Using a whisk broom			
Striking a match			
Removing a lid from a jar			
Total of checks	: <i>a</i>	: <i>b</i>	: <i>c</i>

$$\text{Laterality Quotient (LQ)} = \frac{a - b}{a + b + c} \times 100$$

$LQ \geq 0 \Rightarrow$ right-handedness

$LQ < 0 \Rightarrow$ left-handedness