## 2016年度森基金研究活動報告書

## 個々人の腸内環境に合わせたプロバイオティクスの開発

政策・メディア研究科 修士1年

渡部 翔

## **Abstract**

Gut microbiota plays important roles in human homeostasis, such as food digestion, nutrient absorption, and immunostimulation. In particular, Bifidobacterium longum have beneficial effects on the amelioration of colonic inflammation and protection from infectious diseases through acetate production. Although B. longum strains are present in the human intestine, the mechanism of Bifidobacterial colonization is yet to be understood. Previous studies have suggested each individual harbors an indigenous B. longum strain and external probiotic strains are not able to colonize for prolonged periods. In this study, the final goal is to clarify the mechanism of intestinal colonization of B. longum. As a first step, we aimed to identify whether there is the bacterial gene content specific to a host by comparative genomic analysis of dominant B. longum in each individual. Therefore, we first targeted two individuals, and determined that a unique B. longum strain colonizes for long periods. In this term, we analyzed each individual strain for antibiotic resistance genes. Furthermore, to conduct a more comprehensive analysis, we further identified 6 individuals that harbored B. longum from 9 individuals, and determined that the ratio of B. longum were unique in each individual. We are planning to conduct whole genome shotgun sequencing of these B. longum strains.

※ 国際論文を執筆中のため、詳細は割愛させていただきます。

## Oral presentation

"Draft genome sequences of Bifidobacterium longum strains from two healthy Japanese adults"

Watabe T., Yoshida Y., Suzuki H., Arakawa K., Tomita M., Fukuda S., 2016, MetaSUB conference, Shanghai, China

©TSUBASA WATABE All Rights Reserved Mail:tsu313@sfc.keio.ac.jp